

FISH ALLERGENS - TABLE BAIT

| | cereal containing gluten | crustaceans | Eggs | Fish | peanuts | Soyabean | Milk | nuts | celery | mustard | sesame | sulphites | lupin | molluscs |
|---|--------------------------------|-------------|------|------|---------|----------|------|------|--------|---------|--------|-----------|-------|----------|
| Marinated anchovies | | | | y | | | | | | | | | | |
| Cockle & mussel popcorn with cajun spices | y | | | | | | | | y | y | | | | y |
| Marinated olives | | | | y | | | | | | | | | | |
| Crispy ssrimp with jalapeno mayonnaise | | y | y | | | | | | y | y | | | | |
| Sourdoughsalted butter | y | | | | | | y | | | | | | | |
| Dorset rock oysters, shallot vinegar | | | | | | | | | | | | | | y |
| Arancini with smoked haddock & cheddar cheese | y | | y | y | | | y | | y | | | | | |

FISH ALLERGENS - STARTERS

| | cereal containing gluten | crustaceans | Eggs | Fish | peanuts | Soyabean | Milk | nuts | celery | mustard | sesame | sulphites | lupin | molluscs |
|--|--------------------------------|-------------|------|------|---------|----------|------|------|--------|---------|--------|-----------|-------|----------|
| Thai fish cakes, sweet chili sauce | | | y | y | | y | | | | | | | | |
| Devilleed white bait, tartare | y | | y | y | | | | | | y | | | | |
| Bruschetta tomato, garlic, basil, olive oil | y | | | | | | | | | | | | | |
| Deep fried calamari, rocket, aioli | y | | y | | | | | | | y | | | | y |
| Our own smoked salmon | y | | | y | | | y | | | | | | | |
| Classic prawn cocktail | y | y | y | | | | y | | | y | | | | |
| Glass of prawns | y | y | y | | | | y | | | y | | | | |
| Dorset crab on toast with mayonnaise | y | y | y | | | | y | | | y | | | | |
| Chicken liver parfait, sweet&sour, gherkins, sourdough toast | y | | | | | | y | | | y | | | | |
| smoked haddock rarebit, tomato, basil | y | | y | y | | | y | | | y | | | | |
| Dorset Oysters with shallot vinegar | | | | | | | | | | | | y | | y |
| potted hot smoked salmon with sourdough toast | y | | | y | | | y | | | | | | | |
| fish soup with crouton and rouille | y | | y | y | | | y | | y | | | | | |
| Salt cod brandade with crostini | y | | | y | | | y | | | | | | | |

FISH ALLERGENS - CLASSICS

| | cereal containing gluten | crustaceans | Eggs | Fish | peanuts | Soyabean | Milk | nuts | celery | mustard | sesame | sulphites | lupin | molluscs |
|--|--------------------------------|-------------|------|------|---------|----------|------|------|--------|---------|--------|-----------|-------|----------|
| Fish cake, spinach, beurre blanc wilted spinach | y | | y | y | | | y | | | | | | | |
| Smoked haddock, poached egg, spinach | | | y | y | | | y | | | | | | | |
| Fish pie | y | | | y | | | y | | y | | | | | |
| grilled whole lobster, garlic butter and chips | | y | | | | | y | | | | | | | |
| grilled whole madagascan prawns, garlic butter and chips | | y | | | | | y | | | | | | | |
| Grilled dover sole with new potatoes and hollandaise sauce | | | y | y | | | y | | | | | | | |
| Steamed smoked cod fillet, parsley sauce, scallion mash | | | | y | | | y | | y | | | | | y |
| Skate wing and loin, black butter, capers, mash | | | | y | | | | | y | | | | | |
| Mussels Mariniere | | | | | | | y | | | | | | | y |
| Mussels tomato | | | | | | | | | y | | | | | y |

FISH ALLERGENS - MAINS

| | cereal containing gluten | crustaceans | Eggs | Fish | peanuts | Soyabean | Milk | nuts | celery | mustard | sesame | sulphites | lupin | molluscs |
|---|--------------------------------|-------------|------|------|---------|----------|------|------|--------|---------|--------|-----------|-------|----------|
| Grilled scallops black pudding, bubble & squeak, red wine gravy | y | | y | y | | | y | | y | | | y | | |
| Roast wild fish, crushed potatoes, sauce vierge | | | | y | | | | | y | | | y | | |
| Chargrilled squid, chorizo, roast tomatoes, sourdough | | | y | | | | | | y | | | y | | y |
| Grilled Hereford ribeye steak, chips, mushrooms, tomatoes, Bearnaise | | | y | | | | y | | | | | y | | |
| Spatchcock cornfed spring chicken, garlic butter, rockt & tomato salad | | | | | | | y | | | | | y | | |
| Cumberland sausages, mash, red onion gravy | y | | | | | | y | | y | | | | | |
| Fish & chips, tartare sauce, mushy peas (cod, haddock, skate, plaice, hake, halibut, fish of day) | y | | y | y | | | y | | | y | | y | | |
| Small people chicken goujons & chips | y | | y | | | | y | | | | | y | | |
| Small people fish fingers & chips | y | | y | y | | | y | | | | | y | | |
| Small people salmon, mash & Hollandaise | | | y | y | | | y | | | | | | | |
| Small people sausage & mash | y | | | | | | y | | | | | | | |

FISH ALLERGENS - BREADS

| | cereal containing gluten | crustaceans | Eggs | Fish | peanuts | Soyabean | Milk | nuts | celery | mustard | sesame | sulphites | lupin | molluscs |
|--|--------------------------------|-------------|------|------|---------|----------|------|------|--------|---------|--------|-----------|-------|----------|
| Swordfish club sandwich, crispy smoked salmon & chips | y | | y | y | | | | | | y | | y | | |
| Tuna burger w chips | y | | y | y | | | | | y | y | | y | | |
| Fish finger sandwich, bloomer ketchup or tartare sauce | y | | y | y | | | | | | y | | | | |
| Soft shell crab bun, asian slaw, jalapeno creme fraiche | y | y | y | | | | y | | y | y | y | | | |
| Eggs Royale smoked salmon, avruga caviar | y | | y | y | | | y | | | | | | | y |

FISH ALLERGENS - SIDES

| | cereal containing gluten | crustaceans | Eggs | Fish | peanuts | Soyabean | Milk | nuts | celery | mustard | sesame | sulphites | lupin | molluscs |
|--|--------------------------------|-------------|------|------|---------|----------|------|------|--------|---------|--------|-----------|-------|----------|
| Seasonal vegetable garnish | | | | | | | | | y | | | | | |
| Chip shop chips | y | | | | | | | | | | | y | | |
| New potatoes | | | | | | | y | | | | | | | |
| Mashed potato - plain / scallion / garlic | | | | | | | y | | | | | | | |
| Bubble and squeak | | | | | | | y | | y | | | | | |
| Spinach | | | | | | | | | | | | | | |
| Green beans | | | | | | | | | | | | | | |
| Tomato & red onion salad | | | | | | | | | | | | | | |
| Mixed salad (fennel) | | | | | | | | | y | | | | | |
| Green salad (fennel) | | | | | | | | | y | | | | | |
| Rocket and parmean salad | | | | | | | y | | | | | | | |
| Farro, pea, broad bean, rocket salad | y | | | | | | | | y | y | | | | |
| Mushy peas | | | | | | | y | | | | | | | |
| Sourdough bread and butter | y | | | | | | y | | | | | | | |
| Buttered samphire | | | | | | | y | | | | | | | |
| Pickles (egg for pickled eggs only) | y | | y | | | | y | | y | y | | | | |

FISH ALLERGENS - PUDDING

| | cereal inc. gluten | crustaceans | Eggs | Fish | peanuts | Soyabean | Milk | Nuts | Celery | Mustard | Sesame | Sulphite | Lupin | Molluscs |
|--|--------------------------|-------------|------|------|--------------------------|----------|------|--------------------------|--------|---------|--------|----------|-------|----------|
| Creme Brulee | | | y | | | | y | | | | | | | |
| Crumble & custard | y | | y | | | | y | | | | | | | |
| Amaretto chocolate mousse | | | y | | | | y | y | | | | | | |
| Salted caramel sundae | y | | y | | | | y | y | | | | | | |
| Bread and butter pudding with custard | y | | y | | | | y | | | | | | | |
| Bread and butter pudding icecream | y | | y | | may contain traces | | y | may contain traces | | | | | | |
| Sticky toffee pudding with vanilla ice cream | y | | y | | may contain traces | | y | may contain traces | | | | | | |
| Sticky toffee pudding with cream | y | | y | | | | y | | | | | | | |
| Warm chocolate brownie with vanilla ice cream | y | | y | | may contain traces | | y | may contain traces | | | | | | |
| Warm chocolate brownie with cream | y | | y | | | | y | | | | | | | |
| Mulled winter fruit compote with cinnamon ice cream | | | y | | may contain traces | | y | may contain traces | | | | | | |

FISH ALLERGENS - PUDDING/ICE CREAM

| | cereal containing gluten | crustaceans | Eggs | Fish | peanuts | Soyabean | Milk | nuts | celery | mustard | sesame | sulphites | lupin | molluscs |
|--------------------------------------|--------------------------------|-------------|----------|------|----------------------------|----------|----------|----------------------------|--------|---------|--------|-----------|-------|----------|
| Truly choc ice cream | | | y | | MAY CONTAIN TRACE OF | | y | MAY CONTAIN TRACE OF | | | | | | |
| Cherry Ice cream | | | y | | MAY CONTAIN TRACE OF | | y | MAY CONTAIN TRACE OF | | | | | | |
| Cinnamon ice cream | | | y | | MAY CONTAIN TRACE OF | | y | MAY CONTAIN TRACE OF | | | | | | |
| Chocolate orange ice cream | | | y | | MAY CONTAIN TRACE OF | | y | MAY CONTAIN TRACE OF | | | | | | |
| Gooseberry and elderflower ice cream | | | y | | MAY CONTAIN TRACE OF | | y | MAY CONTAIN TRACE OF | | | | | | |
| Pistachio ice cream | | | y | | MAY CONTAIN TRACE OF | | y | y | | | | | | |
| Salted caramel ice cream | | | y | | MAY CONTAIN TRACE OF | | y | MAY CONTAIN TRACE OF | | | | | | |
| Summer fruits ice cream | | | y | | MAY CONTAIN TRACE OF | | y | MAY CONTAIN TRACE OF | | | | | | |
| Strawberry ice cream | | | y | | MAY CONTAIN TRACE OF | | y | MAY CONTAIN TRACE OF | | | | | | |
| Very vanilla ice cream | | | y | | MAY CONTAIN TRACE OF | | y | MAY CONTAIN TRACE OF | | | | | | |
| Apple sorbet | | | y | | MAY CONTAIN TRACE OF | | y | MAY CONTAIN TRACE OF | | | | | | |
| Lemon sorbet | | | y | | MAY CONTAIN TRACE OF | | y | MAY CONTAIN TRACE OF | | | | | | |
| Mango Sorbet | | | y | | MAY CONTAIN TRACE OF | | y | MAY CONTAIN TRACE OF | | | | | | |
| Peach and Champagne sorbet | | | y | | MAY CONTAIN TRACE OF | | y | MAY CONTAIN TRACE OF | | | | | | |
| Raspberry Sorbet | | | y | | MAY CONTAIN TRACE OF | | y | MAY CONTAIN TRACE OF | | | | | | |
| Malted Banana | y | | y | | MAY CONTAIN TRACE OF | | y | MAY CONTAIN TRACE OF | | | | | | |

FISH ALLERGENS - BRUNCH

| | Cereal containing gluten | crustaceans | Eggs | Fish | peanuts | Soyabean | Milk | nuts | celery | mustard | sesame | sulphites | lupin | molluscs |
|--|--------------------------|-------------|------|------|---------|----------|------|------|--------|---------|--------|-----------|-------|----------|
| Scrambled egg, smoked salmon and toast | y | | y | y | | | y | | | | | | | |
| Eggs benedict with smoked salmon | y | | y | y | | | y | | | | | | | |
| Omelette Arnold Bennet smoked haddock and cheese | | | y | y | | | y | | | | | | | |
| Omelette cheese or mushroom | | | y | | | | y | | | | | | | |
| Grilled scottish kippere buttered brown bread | y | | | y | | | y | | | | | | | |
| Poached egg on smoked haddock bubble and squeak | | | y | y | | | y | | y | | | | | |
| Fish finger sandwich ketchup or tartare sauce | y | | y | y | | | y | | y | | | | | |
| Tuna burger and chips | y | | y | y | | | | | | y | | y | | |
| Swordfish club sandwich w crispy smoked salmon & chips | y | | y | y | | | | | | y | | y | | |
| Market breakfast sausage tomato black pudding bacon tomato mushroom fried bread eggs | y | | y | | | | y | | y | | | y | | |
| Bacon bloomer | y | | | | | | y | | | | | | | |
| Egg and bacon bloomer | y | | y | | | | y | | | | | | | |
| Tomato / mushroom on toast | y | | | | | | y | | | | | | | |